

Los Angeles Pediatric Society E-Newsletter

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March 2015

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Laps from L.A.P.S.

Sports Medicine Corner

Top 10 Tips for Running Safety for Your Patients (and for you!)



Tracy Zaslow, MD
Medical Director, Sports
Medicine Program in Children's

Greetings from the President Kimberly Klausner, MD

Welcome to the March Edition of Our E-Newsletter!



Kimberly Klausner, MD
President of LAPS

Greetings!

Now that the winter cold, flu and measles season is winding down, we all should have time to pause, catch our breaths, and come out to a nice educational dinner meeting with our colleagues.

This winter was very busy. We had an early and busy flu season, then the Disneyland Measles outbreak. Many LAPS members have been seen and quoted in the media this winter. We would love to bring back an old LAPS tradition: LAPS Log - News from Members. If you have any news to share or have been ON the news, please let us know by sending an email to eseaman@lapedsoc.org

We hope to see at the Parmelee at Cedars-Sinai on

Orthopaedic Center (COC) at
Children's Hospital Los Angeles

Running is a great way to stay fit and enjoy the outdoors. With summer just around the corner and track season kicking off, many are thinking of strapping on some running shoes and there is no better time to start a great fitness habit. Running doesn't have to be just for adults; children, with appropriate supervision, can enjoy running too. Here are some tips for children and adults to stay safe and avoid injury while your patients (and you and your family) become lean machines.

[Read More](#)

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March 25 and better yet, hope to read about you in our next e-newsletter!

Kimberly Klausner, MD, FAAP

Specialists' Corner

Management of Newborns Born to Mothers with Chorioamnionitis



Cecilia P. Lev, MD, FAAP

Providence Saint John's Health Center
NICU Medical Director

Early-onset sepsis remains one of the most common causes of newborn morbidity and mortality, despite long used guidelines for prevention of antenatal infections, most commonly chorioamnionitis. The outcomes could range from minimal to severe.

The incidence of neonatal infection after membrane rupture longer than 24 hours is approximately 1% to 3%. In the presence of chorioamnionitis, this risk rises to approximately 3% to 16%. The predominant complications in infants born in an infected environment include sepsis, pneumonia, respiratory distress, and meningitis.

[Read More](#)

Members Giving Back

TOO CLOSE FOR COMFORT, MY EXPERIENCE WITH EBOLA VIRUS



Robert C. Hamilton, MD, FAAP,
Past President, Los Angeles Pediatrics Society

One year ago, Ebola was still an unknown, esoteric viral infection to most Americans. The news that Ebola, which had caused over 20 epidemics in rural, central Africa over the past 30 years, had found its way to western Africa was overlooked by most of the Western World.

Last March, my pediatric colleague and fellow African traveler, Kevin White, M.D. and I were preparing to lead a medical mission team of 40 individuals, including several high school students, to the western African countries of The Gambia and Guinea Bissau. We were watching the unfolding story of the Ebola closely. At the time of our departure, Ebola was still contained to a small corner of Guinea, far away from our planned destinations.

[Read More](#)

[Register Now!](#)

**Annual Parmelee
Lecture at Cedars-
Sinai Medical
Center**

March 25, 2015

**SAVE THE DATE
for the next
LAPS meeting**

**The 72nd Annual
Brennemann
Lecture**

October 9-11, 2015

*Disney's Paradise
Pier® Hotel*

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Room Here!](#)





We are always looking to expand our organization.

Please encourage your fellow Los Angeles doctors to become LAPS Members by taking advantage of our Parmelee Lecture membership special.

[Click here to pay \\$125 for a year's membership and come and enjoy dinner and the Parmelee Lecture at Cedars-Sinai on March 25 FOR FREE!](#)

Membership Application

Help us better serve you and all of our members.



1. What specific subjects/topics would you like to see addressed in LAPS CME meetings and/or in our newsletters?

Physicians in Training

"WHAT DO YOU WANT TO BE WHEN YOU GROW UP?"



Henry Wu, MD

Third Year Resident
Children's Hospital Los Angeles

"What do you want to be when you grow up?" It is an age old question that every pediatrician has up his or her sleeve to engage in conversation with the entertaining five-year old. One of the best responses I received from a patient of mine was simply, "Eight." By the time I was a high school student, I still did not have as clever or concrete of an answer. As the first in my family to pursue higher education, I played with many ideas, including becoming an architect, a visual effects artist, and a detective. The medical field was foreign to me.

It has been almost 12 years since my participation in the Eve and Gene Black Summer Medical Career Program as a high school student through the Los Angeles Pediatric Society. I came across an application while perusing a binder of summer programs in my high school's Career Center and was accepted to a month-long experience at the Old County General Hospital of Los Angeles County at USC. Little did I know that I would be roaming the same hallways as a medical student and working with the same attendings who would later become my educators, deans, and mentors.

[Read More](#)

We Are Getting Ready for the 2015 Eve & Gene Black Summer Medical Career Program!

We have received a record number of **350** applications this year!

The applications have now been sent on to the Program Coordinators for consideration and selection. All applicants will be notified by April 3 as to whether they have been accepted or not.

This program continues to be a one of a kind experience. If you would like to learn more about it, please visit [Summer Program Explanation and Activities](#) where you can read excerpts from past participants' essays. In this document you will also find information about how you can become involved in this program by hosting students in your offices/practices. It is not too late to become a part of the 2015 program, just contact us, TODAY!

2. Would you be willing to speak at a meeting or submit an article?

Please submit your articles or suggestions for topics for future meetings by:
Fax: (310) 782-9856

or email:
meosborne@lapedsoc.org

or mail to: LAPS, PO Box 4198, Torrance, CA 90510-4198.

A checklist of suggested topics is available [here](#) (You may download, complete and email, fax or mail to LAPS)

We thank our many members for their past support. (Please click here, [Donors and Sponsors](#) if you wish to view for a list of our current donors.) We hope we can continue to count on you and your generosity. And for those that are not yet involved, we hope you will join us. Your efforts will forever change the face of the future of medicine in Los Angeles!

[Click Here to Donate to this life changing program](#)

Thank YOU!

CLASSIFIED ADS

ONLINE CLASSIFIED ADS FREE TO MEMBERS!
LAPS offers a classified ads service on our website.

- Ads may include position postings, locum tenens, sale of practices or medical equipment.
- Ads are limited to 50 words or less.
- All ads are subject to approval prior to posting.

[Click here for more information on classified ads](#)

WELCOME NEW MEMBERS

2015

Life Member

Guy Efron, MD, FAAP - Beverly Hills

Regular Member

Cecilia P. Lev, MD, FAAP - Santa Monica

[Click here for complete list of new members for prior years.](#)