

# Los Angeles Pediatric Society E-Newsletter

## Volume 2 No. 3

## September 2015

### LATEST FROM LAPS

#### In This Issue

[Still Time to Register for the Brennemann 2015](#)  
[From the President Brennemann Lectures Information](#)  
[Classified Ad](#)  
[Sports Medicine Corner](#)  
[Dermatology Clinic](#)  
[Summer Program News](#)

#### Quick Links

[Physician Locator](#)  
[Sponsors and Donors](#)  
[Apply for Membership](#)  
[Donate Here in Memory of S. Michael Marcy, MD](#)  
[Meeting Exhibitors](#)

#### EXECUTIVE COMMITTEE

2014-2015

##### PRESIDENT

Kimberly Klausner, MD

##### VICE PRESIDENT

Bradley Bursch, MD

##### SECRETARY/TREASURER

Patricia McKeever, MD

##### MEMBER-AT-LARGE

Sloane Sevrans, MD

##### MEMBER-AT-LARGE-ELECT

J. Patrick Whelan, MD

##### PAST PRESIDENT

Danella Fisher, MD

#### Greetings from the President Kimberly Klausner, MD

Welcome to the September Edition of Our E-Newsletter!



Kimberly Klausner, MD

Greetings!

Signs of the fall season: the weather gets cooler, children return to school, cold and flu season begins, and The Los Angeles Pediatric Society heads to Disneyland! We look forward to seeing many of you next month when we host the Brennemann meeting at Disney Paradise Pier resort. We have engaging lectures in Genetics, Emergency Medicine and Head and Neck Surgery planned, as well as a timely talk on Global Medicine by Dr. Lee Miller, now the Associate Dean of Student Affairs at the David Geffen School of Medicine. Please mark your calendars, rearrange your call schedules, and come join us October 9-11, 2015.

This newsletter includes interesting articles from our specialty contributors: Dr. Shainhouse has another dermatology review (I think I wasn't supposed to give away the answer last time) and a discussion of performance enhancing substances in Sports Medicine by Dr. Tracy Zaslow. We have a wrap-up of the Eve and Gene Black Summer Medical Career Program, as well as some updates on former students. Please feel free to forward the newsletter to any colleagues who may be interested. And with that, I will thank you for the attention, for the wonderful year of service to the Los Angeles Pediatric Society, and pass my gavel over to Dr. Brad Bursch. I hope to see you all at Disney.

- Kimberly Klausner, MD, FAAP

## 2015 Brennemann Lectures Information

MEDICAL EDITOR  
Richard G. MacKenzie, MD

**ATTENTION!**  
**We are only  
weeks away  
from  
The 72nd Annual  
Brennemann  
Lectures**

**[Register Here!](#)**

October 9-11, 2015

*Disney's Paradise  
Pier® Hotel*

**[Reserve your Hotel  
Room Here!](#)**



Check out our latest  
classified ad



Check out our latest  
classified ad



The Los Angeles Pediatric Society presents the

72nd Brennemann Lectures  
October 9 - 11, 2015

Disney Paradise Pier Hotel  
Anaheim, CA 92802  
714-956-6425

**11.0 AMA PRA Category 1 Credits** (available October 10 - 11)

Plus additional 3 Free Credit hours available on Friday,  
October 9 from 2-5 pm!  
(\*\*See details below\*\*)

**Keynote Topic: A Perspective on Global Health &  
Pediatrics: Opportunities & Lessons Learned**

**Lectures in Emergency Medicine, ENT and Genetics  
Informative Round Table sessions:**

**Wound Repair and Management**

**Adolescents and Consent: the Complexities of Working  
with Teens Undergoing Procedures**

**Genetic Approaches to Autism: Screening, Syndromes  
and Mitochondrial Disorders**

**\*\*Plus 3 FREE CME Lectures on Friday, 10/9 from 2 - 5  
pm\*\***

**Emerging Non IgE-Mediated Food Allergies  
Curbing the Peanut Allergy Epidemic  
Congenital Heart Disease for Pediatricians**

**[Visit our website for complete meeting details](#)**

**\*\*\*\*\* CLASSIFIED AD \*\*\*\*\***

**MVP PEDIATRIC AND URGENT CARE is looking to  
share its new state of the art facility with medical or  
surgical pediatric subspecialists to either establish a  
new or part-time practice or satellite office.**

The facility offers an on-site certified laboratory, on-site x-ray equipment with teleradiologist readings, and a procedure room outfitted for procedural sedation, I.V. hydration, suturing, splinting/casting, and other minor procedures. Also provided is



**ONLINE CLASSIFIED ADS**

ARE FREE TO MEMBERS!

LAPS offers a classified ads service on our website.

Ads may include position postings, locum tenens, sale of practices or medical equipment.

All ads are subject to approval prior to posting.

[Click here for more information on classified ads](#)



*LAPS Log - News from our Members*

For more information or to send us your posting, contact us at:

[eseaman@lapedsoc.org](mailto:eseaman@lapedsoc.org) or 310-347-8087.

**We look forward to hearing from YOU!**

staff consisting of medical assistants and pediatric-trained nurses and IT infrastructure. Our electronic medical record system is operated through Office Practicum.

**MVP PEDIATRIC AND URGENT CARE** is located in Tarzana with high visibility (18555 Ventura Boulevard) and within walking distance of Providence Tarzana Medical Center. Our mission is to provide more pediatric specific services to the San Fernando Valley.

Interested parties please contact David Epstein,MD at:

[david.epstein@mvppediatric.com](mailto:david.epstein@mvppediatric.com)

or call our office at **818-614-3088**

## Laps from L.A.P.S. Sports Medicine Corner

### *Healthy Ways to Help Your Athletes Succeed!*



#### **Tracy Zaslow, MD**

Medical Director, Sports Medicine Program in Children's OrthopaedicCenter (COC) at Children's Hospital Los Angeles

As Fall begins and our young athletes become immersed in their busy sports seasons, they will be striving to perform at their very best. Sadly, many of these athletes will turn to ergogenic aids to try to get a leg up on their competition. While using substances to enhance performance is a phenomenon that dates back to the Ancient Greeks, Romans and Egyptians, it's an issue we need to address now more than ever as pressures to succeed in sports have increased.

Athletes seek out ergogenic aids to: 1) Be competitive; 2) Gain an edge; 3) Have more energy; 4) Change their size/weight, and most importantly 5) Win! A study that looked at athletes' use of performance enhancing substances showed that if a substance could NOT be detected and would guarantee they'd win every race, 98% of athletes surveyed would use it. The scary secondary question asked, if that substance would also cause their death in 5 years would they still take it and sadly 54% still said they would use that substance. [Bamberger M, Yeager D: Over the Edge: Drug Use in Sports. Sports Illustrated 1997, 86(15):35.] Understanding the great risks athletes will take to win highlights the importance of discussing the topic during patient visits.

**[Read More](#)**



We are always looking to expand our organization.

Please encourage your fellow Los Angeles doctors to become LAPS Members.

Remember that a One Year Membership is FREE to all Graduating Residents!

**Membership Application**

Help us better serve you and all of our members.



1. What specific subjects/topics would you like to see addressed in LAPS CME meetings and/or in our newsletters?

2. Would you be willing to speak at a meeting or submit an article?

Please submit your articles or suggestions for topics for future meetings by:

Fax: (310) 782-9856

## DERMATOLOGY CLINIC

What's Your Diagnosis?

### Spreading Bullae in a 7 year old Girl



**Tsippora Shainhouse, MD**  
**FAAD, (D)ABP, FRCPC**  
(Pediatrics, Dermatology)

#### Case:

A 7 year old, previously healthy, Caucasian female presents with pink, itchy, round patches, honey-crusted, weeping papules and fluid-filled bullae on her legs and buttocks. The rash began with a few, raw, excoriated, itchy pink bumps on her right buttock and upper thigh, that her parents assumed were severely scratched mosquito-bites. Within 1 week, she developed blisters and crusted papules that spread to her waist, down her right leg, and to her left leg. She feels well. She has no fevers, leg swelling, abdominal pain, tea-colored urine or recent strep pharyngitis. She has no history of gluten-insensitivity. She has no history of allergies, hives, respiratory distress or anaphylaxis. She has no personal history of herpes simplex virus (HSV) infection, but her mom does get intermittent cold sores on her lip.

What is your diagnosis?

1. Dermatitis Herpetiformis
2. Linear IgA Bullous Disease
3. Bullous Impetigo
4. HSV-infection
5. Staph Scalded Skin Syndrome

or email:  
[meosborne@lapedsoc.org](mailto:meosborne@lapedsoc.org)

or mail to: LAPS, PO Box  
4198, Torrance, CA  
90510-4198.

A checklist of suggested  
topics is available [here](#)

(You may download,  
complete and email, fax  
or mail to LAPS)



### The Eve & Gene Black Summer Medical Career Program

If you would like to learn  
more about the program,  
please visit

[Summer Program  
Explanation and Activities](#)

In this document you can  
find information about how  
you can become involved  
in this program by hosting  
students in your  
offices/practices.

We thank our many  
members and donors for  
their past support. (Please  
click here

[Donors and Sponsors](#)

if you wish to view for a list  
of our current donors.) We  
hope we can continue to



Photo: Copyright 2015  
Tsippora Shainhouse, MD

### [Read More](#)

**With Your Help, the Eve & Gene Black  
Summer Medical Career Program  
Continues to Change the Future of Medicine!**



Drs. Galos and Miller with 7 of their 12 Valley Program students.

The 46th Annual Eve & Gene Black (EGB) Summer Medical Career Program was a resounding success with a record number of 75 participants completing this amazing medical internship. Students had the opportunity to observe a variety of medical procedures in hospital and office settings; visit an array of departments, labs, clinics and medical offices; shadow and interact with physicians, residents, interns, dentists, nurses, technicians, pharmacists, physical therapists, Chaplains and countless other healthcare professionals. And they asked LOTS of questions and received advice that will forever guide them on their journey towards a medical career.

count on you and your generosity. And for those that are not yet involved, we hope you will join us. Your efforts will forever change the face of the future of medicine in Los Angeles!

[Click Here to Donate to this life changing program](#)

Thank YOU!

As we read the Exit Essays from this year's participants, we are astounded at the many, many dedicated medical professionals throughout our 12 hosting facilities, who volunteer their time and energy to mentor these students. It truly takes a village. On behalf of the Los Angeles Pediatric Society, we sincerely thank you; we know that this program depends on the efforts of each and every one of YOU!

If you are not already involved in this life-changing program, please heed the words of Valley Coordinator and octogenarian, Dr. Alvin Miller and contact us to get become a part of the 2016 EGB Summer Medical Career Program.

*"After 62 years of practicing medicine I realize the progress in health care today needs to be passed on to future providers. We need to nurture the ambition and dreams of these capable youngsters who will carry the torch for us in future years. They are interested, ambitious, committed and capable. I believe we owe this to those who want to follow us in a medical career. You will have the feeling of leaving something to the world of medicine, the world that you have enjoyed. Get involved... become a coordinator for students interested in a future in Medicine. You will enjoy giving back through these capable teens to the world of medicine, a career that you have enjoyed for many years. I thank you for your help. You never know when you pluck the heartstring of a youngster!"*

## On Their Way..Updates from Former Summer Medical Career Program Students

### Where Are They Now?

The Los Angeles Pediatric Society and the many medical professionals involved in the Eve & Gene Black Summer Medical Career Program, often wonder what becomes of the students who pass through this program. Here are some excerpts from emails we have received from former participants who are indeed, well on their way! Be assured your efforts truly make a difference!

*"I just wanted to thank you for giving me that opportunity and let you know how much it's helped me. After doing the program, I knew for certain that I want to be a surgeon. Now I'm finishing my freshman year at UCLA. I started an incredible internship at the UCLA hospital, and I'm staying in LA over the summer to continue it. I shadow a Cardio-thoracic surgeon and have already gotten so much exposure to the field. I've seen heart transplants, valve repairs, artificial hearts and corrections of birth defects. It's unbelievable.*

*I am also helping with a study on an organ care system that keeps organs perfused during transport. The doctor I'm shadowing is helping me start a job as a "procurer," flying out on heart and lung procurements. Thank you so much for introducing me to the medical field. I could not be more excited." ~ Corinne, 2013*



*"I'll be moving to Baltimore at the end of June to start my job as a research associate at the Lieber Institute for Brain Development at Johns Hopkins. I'll be using genetics techniques in combination with neuroimaging to isolate specific brain areas affected during the development of Schizophrenia, particularly with regards to deficits in motivation and reward." ~ Akshay, 2010*



*"I am currently a third year Biology major at the University of California Riverside, and in the preparation phase of applying to medical school. I would not be where I am, if had not participated in this program. ... I would really like to express my deep gratitude and appreciation." ~ Caroline, 2009*

## IN MEMORIAM

### Edward W. Malphus, MD, FAAP

Dr. Edward W. Malphus, a Santa Monica pediatrician and pediatric gastroenterologist for over 30 years, passed away on August 3, 2015, after a brief illness. He was born in Miami, earned a Bachelor's degree in biology from Loyola University in New Orleans, his medical degree from the University of Florida College of Medicine, and completed a fellowship in pediatric nutrition and gastroenterology at Texas Children's Hospital in Houston.



Dr. Malphus served as Chairman of Pediatrics at St. John's Hospital from 1994-2000. He was deeply involved with Mission Doctors Association, a Catholic agency providing health care in Africa, Southeast Asia and Latin America and spent a month on a medical mission in Cameroon in 2011.

Always a gentleman and dapper dresser, Dr. Malphus will be remembered for his gentle manner, his dedication to his patients and, of course, his wonderful bow ties. He is survived by his wife of 40 years, MaryLou, his mother, and two brothers. Dr. Edward W. Malphus was a dedicated pediatrician and LAPS member; he will be missed.

### Sheldon C. Siegel, MD, FAAP, AAAAI

Born in Minnesota in 1922, Sheldon C. Siegel, MD received his undergraduate and medical degrees from the University of Minnesota and during WWII served in the United States Air Force. He went on to establish the Allergy Medical Group and the UCLA Pediatric Allergy Clinic and Training Program, where he remained its Co-Director until he retired in 2008. He was a Clinical Professor of Pediatrics at UCLA David Geffen School of Medicine for over 45 years. Dr. Siegel's research included early work on the value of inhaled steroids in asthmatic children and their ability to permit good control of their asthma without the complications of oral steroids.



In addition to his many clinical and academic contributions, Dr. Siegel was Co-founder and President of the Asthma and Allergy Foundation of America and its California Chapter, which pioneered "Breathmobiles" for the care of asthmatic, school-aged children and sponsored medically staffed summer camps for disadvantaged, asthmatic children. Throughout his life, Dr. Siegel continued to demonstrate his strong leadership skills, as Chair of the Section on Allergy of the American Academy of Pediatrics, President of the American Academy of Allergy, Asthma and Immunology (AAAAI), Co-chair of the American Board of Allergy and Immunology and Chair of the Residency Review Committee for Allergy and Immunology. He also served on several editorial boards of national allergy and immunology journals, authored or co-authored over 100 articles and chapters and was the recipient of numerous awards.

Upon his retirement, UCLA Medical Center honored him by creating a lectureship in his name and the [8th Annual Sheldon C. Siegel Lecture](#) will take place on September 25. The Los Angeles Pediatric Society (LAPS) joins the rest of the medical community in gratitude for the life and work of long-time member, Sheldon C. Siegel, MD.

## **WELCOME NEW MEMBERS**

2015

### **Life Member**

Cigal Shaham, MD, M.Sc - Beverly Hills

### **Regular Members**

Lauren Crosby, MD - Beverly Hills

David Epstein, MD - Tarzana

Caitlin Colvard, MD - Santa Monica

Nathalie Rubin, MD - Thousand Oaks

[Click here for complete list of members for prior years.](#)

**A One Year Membership is FREE to  
all Graduating Residents! [Join Now!](#)**

## **IN MEMORIAM**

2015

Sheldon C. Siegel, MD, FAAAAI - Los Angeles, May 2015

\*Burton Sokoloff, MD - Tarzana, May 2015

Edward W. Malphus, MD - Santa Monica, August 2015

\* Life Member

[Click here for complete In Memoriam list for prior years.](#)