

Los Angeles Pediatric Society E-Newsletter

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Michael Marcy, MD**

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Greetings from President Bradley Bursch, MD

Welcome to the April Edition of Our E-Newsletter!



Bradley Bursch, MD

We are happy to bring you our latest e-newsletter, with several specialists' articles, an interesting piece in our "Doctor in Training" column, as well as news about our programs for 2016. It is shaping up to be a very exciting year for LAPS. Our 1st Annual S. Michael Marcy, MD Memorial Lecture at the Parmelee Spring Meeting is fast approaching and our featured speaker, renowned pediatric immunologist and infectious disease specialist, Dr. Margaret (Meg) Fisher is sure to be entertaining and informative. Just a few weeks ago I had the distinct pleasure of meeting with Joan Marcy, Dr. Marcy's widow, to discuss the lectures. Once again I was inspired by Dr. Marcy's ongoing legacy of mentorship, which as a result of this annual lectureship, will continue even after his death. This lecture will be hosted at Providence Tarzana Medical Center on Thursday, May 5 and will address the timely topic of vaccines.

On September 23-25, 2016, the 73rd Annual Brennemann Lectures will be held at a new location, the Disneyland Hotel. We look forward to hearing from current LAPS Board member, Patrick Whelan, MD, PhD on Rheumatology, Wendy Mitchell, MD on Neurology, and we welcome back Robert Wells, PhD who will address timely topics in Behavioral Psychology. We think it will be an exceptional event!

This summer, with your help the Eve & Gene Black Summer Medical Career Program will continue to expose high school students to the exciting possibilities of a future in medicine. Every year we are amazed by the quality of the applicants and each



ONLINE CLASSIFIED ADS

ARE FREE TO MEMBERS!

LAPS offers a classified ads service on our website.

Ads may include position postings, locum tenens, sale of practices or medical equipment.

All ads are subject to approval prior to posting.

[See current classified ads](#)

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LAPS Log - News from our Members

For more information or to send us your posting, contact us at: eseaman@lapedsoc.org or 310-347-8087.

We look forward to hearing from YOU!

year we hope to give even more high school students this great opportunity. Please consider helping with this program either with a monetary donation or through the gift of your time by hosting a student at your practice. If you have questions or want to help, please contact Mary Ellen Osborne at meosborne@lapedsoc.org

I am proud to be part of a society which has been engaged for so many years in the Los Angeles community, supporting the medical professionals who provide the care of so many children. And I thank YOU for being a part of this great organization.

- *Bradley Bursch, MD, FAAP*

Specialists' Corner



"Z is for Zika"

Dr. Whelan has a pediatric rheumatology practice in Burbank, and lectures at Keck/USC School of Medicine on immunology and immunodeficiency.

Patrick Whelan, MD, PhD

As the summer travel season approaches, along with the Western Hemisphere's first Summer Olympics in twenty years, the Zika Virus has brought attention like never before to the potential menace of mosquitos. **But how anxious should parents be about this threat, and what can be done to stop it?**

Zika is a small RNA virus related to the Yellow Fever virus, and is also a distant cousin of Hepatitis C. All three reside in the Flaviviridae family that also includes Dengue and West Nile. Apart from HCV, these other viruses can be spread by aggressive tiny black-and-white-striped Yellow Fever mosquitos (*Aedes aegypti*) and Asian Tiger mosquitos (*Aedes albopictus*) that bite both day and night.

These mosquitos do reside in Los Angeles County. Asian Tiger mosquitos first came to California in 2011 and Yellow Fever mosquitos in 2013. Both species spread widely during 2015, and are currently found in pockets around Whittier, East Los Angeles, Boyle Heights, Silver Lake, and La Canada/Flintridge. However, for these mosquitos to spread Zika, they have to bite someone who became Zika-infected in an endemic area - usually in Brazil or other parts of Latin America and the Caribbean.



We are always looking to expand our organization. Please encourage your fellow Los Angeles doctors to become LAPS Members.

Remember that a One Year Membership is FREE to all Graduating Residents!

Membership Application

Help us better serve you and all of our members.



1. What specific subjects/topics would you like to see addressed in LAPS CME meetings and/or in our newsletters?

2. Would you be willing to speak at a meeting or submit an article?

Please submit your articles or suggestions for topics for future meetings by:
Fax: (310) 782-9856

or email:
meosborne@lapedsoc.org

Read More

Laps from L.A.P.S. Sports Medicine Corner

Running Safety 2016



Tracy Zaslow, MD

Medical Director, Sports Medicine Program in Children's Orthopaedic Center (COC) at Children's Hospital Los Angeles

Top 10 Tips for Running Safety

Running is a great way to stay fit and enjoy the outdoors. With summer right around the corner, there's no better time to start a great fitness habit. And, running doesn't have to be just for adults; children, with appropriate supervision, can safely enjoy running too. Here are some tips to help your patients and their families stay safe and avoid injury.

1) Erase the "no pain, no gain" mantra.

Athletes should never be encouraged to play through the pain and running is no different. While muscle soreness does occur during training, the soreness should not increase during a run; if pain is increasing with activity do not continue the activity. And, when the pain is in any joints (hips, knees, ankles, etc.) or associated with swelling, further evaluation by a sports medicine physician for possible injury is advised.

Read More

DERMATOLOGY CLINIC What's Your Diagnosis?

CASE - Pink Nodule on a 10 year old Girl

or mail to: LAPS, PO Box
4198, Torrance, CA 90510-
4198.

A checklist of suggested
topics is available [here](#)

(You may download,
complete and email, fax or
mail to LAPS)



The Eve & Gene Black Summer Medical Career Program

If you would like to learn more
about the program, please
visit

[Summer Program Explanation
and Activities](#)

In this document you can find
information about how you
can become involved in this
program by hosting students
in your offices/practices.

We thank our many members
and donors for their past
support. (Please click here
[Donors and Sponsors](#)
if you wish to view for a list of
our current donors.) We hope
we can continue to count on
you and your generosity. And
for those that are not yet
involved, we hope you will join
us. Your efforts will forever
change the face of the future
of medicine in Los Angeles!



Tsippora Shainhouse, MD
FAAD, (D)ABP, FRCPC
(Pediatrics, Dermatology)

A 9 year old girl was referred to dermatology for evaluation of a persistent pinkish bump on her neck, that has been present for at least 6 months. It is not itchy or painful. It doesn't crust, but it might have bled. She has no other similar lesions, and does not recall antecedent trauma. She is a red-headed, green-eyed girl with freckles and fair skin that burns easily in the sun. Her skin does not tan, and she describes multiple mild sunburns, and at least one very painful sunburn. She wears sunscreen on vacation and most weekends when she is going to be outdoors. She knows that her grandparents have been treated for skin cancer, and that her mother has had multiple funny moles biopsied. She does not know of any family history of melanoma.

What is your diagnosis?

- A. Pyogenic granuloma
- B. Spitz nevus
- C. Juvenile Xanthogranuloma
- D. Pediatric melanoma



Photo: Melanoma Research Foundation

[Read More](#)

[Still time to register!](#)

May 5, 2016

Presenting the First

[Click Here to Donate to this life-changing program](#)

Thank YOU!

S. Michael Marcy, MD Memorial Lecture at the Parmelee

to be held at
Providence Tarzana
Medical Center

Save the Date!

September 23-25, 2016

73rd Brennemann Lectures

This year at the *Disneyland*® Hotel



[RESERVE YOUR HOTEL ROOM NOW](#)

[PURCHASE DISCOUNTED DISNEY TICKETS](#)

Physicians in Training

What They Don't Teach You In Medical School

Lauren Rissman, MD, Children's Hospital Los Angeles

(Names have been changed for the sake of patient confidentiality)

It was 5 AM in Mtonthama, Malawi. As I had done every morning since my arrival in this remote outpost three weeks earlier, I began my day with a run to watch the sunrise and clear my head before heading to the village hospital. Normally, I would welcome the wide-eyed greetings of the locals waving and yelling "Mzungu", which means "White Person". Customarily, I would reply "Mwatzuka Bwangi", which is "Good Morning" in the local Chichewa language. But this morning was different. The fly that had endlessly circled my mosquito net looking for an opening reflected my troubled sleep. Wabwino, the rapidly declining patient, occupied my unsettled thoughts. My strides beat out her name-Wa-bwi-no, meaning "Go with God."



Wabwino was only 2-1/2 years old when she arrived at the clinic a week earlier, brought there by her grandmother. The toddler was later admitted to the hospital for severe

marasmus, a form of malnutrition that is all too common in impoverished countries. When I first examined Wabwino in her hospital bed, she was emaciated with each rib visible beneath her fragile skin. But it was her respiratory distress later that day that prodded the medical officers in charge of her care to urgent action.

[Read More](#)

The 47th Annual Eve & Gene Black Summer Medical Career Program is underway!



This year LAPS received a record number of **450** applications to the 47th Annual Eve & Gene Black Summer Medical Career Program and **67** participants were selected! On April 20, LAPS sponsored an Orientation Dinner at Martin Luther King, Jr. Outpatient Center for 120 selected participants, parents and facility coordinators. We would like to thank the King Program Coordinator, Lorraine Grey as well as Volunteer Services Coordinator Denise Gordon for their help in organizing the orientation, as well as former participants, Jennifer Devries and Jessica Ito for sharing their program experiences with this year's selected students.

We would also like to thank the following people, listed below, who expertly and tirelessly guide the participants through the long and complicated application and clearance process. They are valuable members of our team and work closely with the Program Coordinators and LAPS Administration to ensure that the students are selected, screened, scanned, badged, oriented and in all ways ready for their first day!

Cedars-Sinai Medical Center

Andrea Perry, Program Administrator
Youth Employment & Development / Health Careers Academy

Harbor UCLA Medical Center

Sara Stewart, MD (Interviewed Candidates)
Bernice Hill-Shepherd, BS, MA - Volunteer & Programs Director
Felicia Melocoton - Volunteer Supervisor

LAC+USC Medical Center

Minu Chagolla - Junior Volunteer Coordinator

Martin Luther King, Jr. Outpatient Center
Denise Gordon - Volunteer Services Coordinator

Olive View UCLA Medical Center
Adrianna Gonzalez - Pediatric Office

Providence Tarzana Medical Center
Nancy Alaniz - Volunteer Office

Providence Saint John's Health Center
Phoenix Enkieluna - Administrative Associate, Medical Staff Services

Santa Monica UCLA Medical Center
Lily Zhang- Direct Referral Coordinator-Sr. Admin Analyst-Dean's Office
Dept. of Volunteer Services- Ronald Reagan Medical Center

Valley Combined Program
Los Robles Regional Medical Center
Irene Brennick - Director of Community Services
Simi Valley Hospital - Caroline Esparza, CEO of Nursing

This program continues to be a one of a kind experience. If you would like to learn more about it, please visit [Summer Program Explanation and Activities](#) where you can read excerpts from past participants' essays. In this document you will also find information about how you can become involved in this program by hosting students in your offices/practices. It is not too late to become a part of the 2016 program. Contact us today!

We thank our many members for their past support. (Please click here, [Donors and Sponsors](#) if you wish to view for a list of our current donors.) We hope we can continue to count on you and your generosity. And for those that are not yet involved, we hope you will join us. Your efforts will forever change the face of the future of medicine in Los Angeles!

[Click Here to Donate to this life-changing program](#)

Thank YOU!

WELCOME NEW MEMBERS

2016

Regular Members

Joseph Leonard Gulino, MD - Beverly Hills

Aria Fallah, MD - Los Angeles

Roy Nattiv, MD, FAAP - Beverly Hills

[Click here for complete list of members for prior years.](#)

**A One Year Membership is FREE to
all Graduating Residents! [Join Now!](#)**

IN MEMORIAM

*Irving E. Allen, MD - San Bernardino, December 2007

Arthur H. Parmelee, Jr, MD - Santa Monica, May 2014

William Hitchcock, MD - San Diego, May 2015

* Life Member

[Click here for complete In Memoriam list for prior years.](#)